GOMPARISON OF VARIOUS GONGENTRATIONS OF GARBOLIC AGID AS SGLEROTHERAPEUTIC AGENT FOR HYDROGELE

THESIS FOR MASTER OF SURGERY

(GENERAL SURGERY)





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CERTIFICATE

This is to certify that the work entitled

" COMPARISON OF VARIOUS CONCENTRATIONS OF CARBOLIC ACID

AS SCLEROTHERAPEUTIC AGENT FOR HYDROCELE" which is being
submitted as Thesis for M.S. (General Surgery) examination,

1989 of Bunelkhand University, Jhansi by Dr. Arun Kumar

Chaubey has been carried out under my direct guidance and
supervision. His results and observations have been
checked and verified by me from time to time.

He has put the necessary stay in the department of General Surgery as per University regulations.

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(Arun Kumar Chaubey)

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INTRODUCTION

Scrotal hydrocele is a common problem affecting all age groups. In tropical countries acrotal hydrocele is of more frequent occurence than in temperature climates. Such hydroceles are eften very large, sometimes bilateral as noted by Burkitt (1951), Burkitt and Willmore (1964) and Davey (1968).

symptoms are usually those of inmonvenience or emarasement. Recent text books redommend either repeated aspiration or surgery as the only two acceptable method of treatment (Fender, 1973), Khitaker (1976), Rains and Ritchie (1977). Aspiration alone is not curative and will need to be repeated at least every three months. The latter method has a high incidence of complications (Moloney, 1975). These, however, can be minimised by careful surgery (Lord, 1964, 1978). Surgery is generally thought to be the most effective treatment of hydrocele (Landes and Leonhardt, 1967). Various surgical procedures have been discovered for treating hydrocele, based on their nature e.g.

- Eversion of sec (Jaboulay's operation).
- Paication of sec (Lord's operation).

- Excision of sec.
- Sharme and Jhawer's minimal dissection.
- lechnique.
- wilkinson's operation.
- Extrusion operations without see excision or plication (Soloman, 1955).
- Suturing the sac to the epididymis (Gower & Howley, 1962).
- Andrew's bottle operation etc.

Most surgeons are confident that their method of surgical treatment is without mortality or morbidity but a critical review of the post-operative course usually reveals an unacceptably high incidence of the notorious swelling and industrien, hasmatoma and infection. As a result the average hospital stay gets prolonged and leads to a loss of many man-hours of work.

Injection treatment or sclerotherapy in various forms has been used since the thirteenth century (Lands and Leonhardt, 1967). Wilkinson of Saliceto was reported to have inserted sugar and ginger into the hydrocele sac after allowing the fluid to escape through a cannula. Since them a number of other agents have been used including :-

Sublimate of mercury.

Port.

Brendy.

Tincture of Lodine.

Phenol

Quinine and wrethene

Tetracycline

Sodium tetradecycl sulphate (Safrodecol).

But this form of therapy was largely abandoned, probably on poor evidence (B.M.J., 1973).

therapy in the earlier part of this century is unclear.

There are no reports listing herrific complications or even reports showing poor results. The evidence appears to be enecdetal as so clearly demenstrated in the answer to an "Any Guestions" which appeared in the British Medical Journal in 1973. In responding to a question about the type and amount of fluid recommended for injection of hydroceles it was stated that a "Canvas of opinion amongst urologists elicited only derision and a series of unpublicabile anecdetes". Over the last eight years partly in response to this rather unsatisfactory answer many scientists have undertaken clinical studies on the efficacy of phenol sclerotherapy (Nash, JR, 1980).

Moloney's recent report demonstrated that sclerotherapy could be an effective form of treatment for hydrocale.

The role of tetracycline (Achromycin) as an sclerosent for treating hydrocele without any complication

and recurrence after one year follow up has been described by Robert Kay (1982). The similar agent has been used by Dr. Richard Baemer in many patients with very satisfactory results.

Recent reports of good results with sclerotherapy (Gupta RC, Kala PC, I.J.S., 1983) have prompted us to conduct a study on the role of sclerotherapy in the cure of primary hydrocele.

REVIEW OF LITRATURE

There are various methods for the treatment of hydrocele. The standard treatment of hydrocele described in many modern taxt books is either repeated aspiration or operation (Pender, 1975) Khitaker, 1976).

Tapping by Trocar and Cannula is an abandoned technique as by this procedure the patient can be made content of cure of his ailment for few weeks only. The sac again refills. Repeated tapping is liable to be followed by a little oozing into the sac. It may lead to transmission of infection leading to formation of haematocele and pyocele - for which the patient may be required to undergo orchiectomy.

No one, now-a-days, practices this obsolete method. Surgical correction of hydrocele is the most reliable method as it is based on the correction of the process leading to the formation of hydrocele fluid (Lands and Leonhardt, 1967). The various etiological factors which have been predicted for the formation of hydrocele are -

- a. Excessive production of fluid within the sec.
- b. Defective ebsorption of hydrocele fluid by the tunical beginslis.

- c. Interference with the drainage of fluid by the lymphatic vessels of the cord.
- d. By connection with the peritoneal cavity as in congenital variety. Though surgical treatment of hydrocele is a fool proof technique, it has a high incidence of complications (Moloney, 1975). Careful aseptic surgery can, however, minimise the complications (Lord, 1968).

Surgery is the treatment of choice in congenital and infantile hydrocele; in fit patients under 40 years of age; in cases suspected of having a testicular tumour and those with hydrocele greater than 500 ml (Nash JR, 1979).

Various surgical procedures have been discovered for treating hydrocele based on their nature viz.

- Eversion of sac Jaboulay's operation.
 Jaboulay (1982), Berand (1825).
- 11) Plication of sac Lord's operation (Lord PH, 1956).
- III) Sharma and Jhawer's minimum dissection technique.
- iv) Wilkinson's operation.
- v) Excision of sec.
- vi) Extrusion operation without sec excision or plication (Soloman, 1950).

vii) Andrews' (1967) bottles operation.

The basic principles of all these operations are one and the same. The tunica vaginalis which is supposed to be secretary as well as the absorptive layer comes in contact of the subcutaneous tissue which hinders the formation but more so actively absorbs the hydrocele fluid secreted by the tunica. Thus the basic defects of excessive production and defective absorption get corrected.

In congenital hydrocele, where there is a patent processus vaginalis communicating with the peritoneal cavity - the sac is ligated at neck and then excised. The surgery is the only answer in such cases for complete relief.

associated with complications like post operative reactionary oedema, haematoma or infection but also require prolonged hospital stay and lead to a loss of man-hours of work.

Sclerotherapy can be an effective alternative in such cases. All those patients refused operation on the ground of fill health should be treated with sclerotherapy and for the remainder sclerotherapy is recommended but operation could be offered as an alternative (Nash JR, 1979).

The debate about the effectiveness of a particular form of treatment is not flew, it goes back many centuries. Injection treatment or sclerotherapy in various forms has been used since the thirteenth century (Lands and Leohardt, 1967), williams of Saliceto was reported to have inserted sugar and ginger into the hydrocele after allowing the fluid to escape through a cannula. Since then a number of agents have been used including -

- 1. Prostwine used at Cuy's hospital in the 18th century.
- 2. Brandy.
- 3. Tincture of icdine.
- 4. Phenol
- 5. Quinine and urethane.
- 6. Sodium tetradecyl sulphate (Wilson W. and Lacet, 1948).

This type of therapy is based on the principle that the sclerosent in dilute form will damage the mucosa of tunica vaginalis, parietal as well as visceral layer, thus hindering the process of excessive formation of hydrocele fluid from the tunica.

The reason for the fall from favour of sclerotherapy in the earlier part of this century is unclear. There are no reports listing horrific complications or even reports showing poor results. Moloney used a mixture of -

1.5% phenol in water

2.5% glucose.

3.5% glycerine.

hydroceles. He made a comparison of results between a series of hydroceles treated by surgery with a complication rate of at least 17% haematoma and 10% sepsis, an average hospital stay of 5 days and a much longer time off work and a series treated by tapping and injections requiring 1-3 visits to 0.P.D., an almost negligible complication rate and no failure in those completing treatment. In a series of 100 cases, treated in 20 years using 2.5% phenol only, he found haematoma in 2 cases only (0.2%) and sepsis in a 1 case (0.1%).

In another series of 80 cases treated with sclerotherapy as an O.P.D. procedure by Gupta and Kala (I.J.S., 1983), the failure rate was 5%, 15% patients had mild testicular pain during injection and 4% patients had persistent testicular pain and tenderness for some time. However, 20 cases had haematoma or infection. A slight thickening of tunica vaginalis occured in 22.5% cases as a late effect but this was painless.

Recurrence was found in 5% cases.

Nodular testicle with blood stained fluid sometimes, is found following sclerotherapy (Moloney, 1975).

Nash (1979) in a series of 56 cases of hydrocele treated by sclerotherapy (2.5% phenol in water) found a 98% cure rate within an average followup of 18 months.

Nash (1984) in a series of 70 cases followed for a period of 5 years - found an early recurrence in 3 cases which were retreated early and did not recure at the 5 years review. The testicular pain after the injection of the 2.5% phenol was mild which was avoided by injecting a small quantity of local anaesthetic agent into the sac before injecting phenol. None of the complications resulted in hospital admission. Residual testicular thickening after treatment of large hydroceles was not surprising in view of the size of tunica vaginalis. This report of Nash (1984) helped in unfurling the fact that no recurrence will result any time after the sclerotherapy. This suggests sclerotherapy a highly effective, safe and cheap mode of treatment of hydrocele. Sclerotherapy thus should be considered for treatment of hydrocele in adults and should be regarded as the treatment of choice in the elderly (Nash, 1984).

Macfarlane (1983) using a different sclerosant reported equally good results.

Robert Kaye used another sclerosant (diluted tetracycline - Achromycin) in few cases. In a 61 years old patient with hydrocele containing 400 ml of fluid he injected 450 mg of achromycine diluted to a volume of 5 ml in sterile water after tapping the hydrocele fluid with proper aseptic condition. No further fluid accumulation was evident and after 1 year of follow up there had been no recurrence.

Another series of cases of hydrocele treated by tetracycline sclerotherapy has been published in New England Journal of Medicine with a 100% cure rate (Kaye and Basmer, 1952).

Sclerotherapy inspite of being a very good method of treating hydrocele has certain limitations. The cases selected should be free from any scrotal or testicular disease. It is not indicated in patients with ipsilateral hernia, in congenital or infantile hydrocele as the sclerosant will enter the peritoneal cavity and will cause chemical peritonitis.

MATERIAL & METHODS

Patients attending surgery C.P.D. at M.L.B.
Medical College, Hospital, Jhansi seeking treatment of
hydrocele from June 1987 to May, 1988 were selected for
sclerotherapy. In our study sclerotherapy was performed
in only those cases of hydroceles who were found to fulfil
the following criteria not having

- any local sepsis
- Gonococcal epididymo orchitis
- Filerial lymphangitis
- Grossly thickened or calcified tunica veginalis.
- Sec filled with semisolid debris associated with testicular degeneration.
- Malignancy of acrotum or testis.

Patients of younger age group (infants & children), patients having inguinal hernia and persistant procusus vaginalis were also excluded from the study.

Thus only those cases of primary vaginal hydrocele with age group between 20 - 70 years, not willing for surgery due to ill health or for fear of long time off work were selected for sclerotherapy.

All the cases undergoing sclerotherapy were enlisted in a register for assessing the result after subsequent follow up.

Clinical findings were noted in details.

Viz -

- H/O Trauma
- Transluscency
- Serotal or inguinoscrotal swelling.
- Tenderness
- Fluctuation
- Local temperature etc.

Patients included in our study were categorized in various groups depending upon their age, size of hydrocele, concentration and amount of sclerosant (carbolic acid) used for the treatment.

Table 1

Group I

20 - 40 years

II

41 - 60 years

III

7 60 years

Table 2

Percentage of sclerosant used (Carbolic acid in .9% N/S).

Group I

2.5%

II

5%

III

7.0%

The maximum concentration, we used in our study was 7% aqueus phenol.

Group I

100 - 200 ml

II

200 - 400 ml

III

7 400 ml

In cases of bileteral hydroceles both sides were treated at the same time.

Hydrocele fluid was sent for cyto-biochemical examination before injecting the sclerosant.

Few cases with recurrence were operated and biopsy was taken from tunica, and testis so as to assess the effect of sclerosant on their structure.

SCLEROSANT

Carbolic acid diluted in isotonic normal saline was used as an sclerosant in our study. Carbolic acid (phenol) consists of colourless crystals with aromatic odour. It is soluble in water. It is available in dark glass bottles and remain in the form of crystals at room temperature, so bottle is warmed to liquify the phenol, the liquified phenol is then disolved in normal saline bottle aseptically so as to get definitive known dilution.

Carbolic acid is an irritating substance. It denatures the protein when applied directly over the skin, a white pellicle of precipitated protein is formed, this soon turns red and eventually solughs out having a cuteneous surface stained light brown. If it remains in contact with skin it penetrates deeply and may cause extensive necrosis. Proteins of mucous membranes get coagulated as they come in contact with phenol, the mucous membrane gets thickened and submucosal tissue gets fibrosed as phenol penetrates

the mucosa. Phenol destroys the secretory and absorptive power of the mucosa and this quality of phenol is taken advantage of in treatment of hydrocele with the use of sclerosant solution.

In this study we first used 2.5% phenol in few cases but as re-accumulation appeared soon we switched on to certain higher strength of phenol soln. 8.g. 5% and 7% in other cases.

METHOD

The patients desiring sclerotherapy for the treatment of hydrocele were shifted to minor operation theatre.

The part was prepared, thoroughly cleansed with soap & water and then painted with savlon, Betadine (Povidone iodine) and then draped with sterile shets.

Anaeatheala

2% lignocaine was injected locally in hydrocele sac.

Site of injection

After fixing the sac, at the upper border of hydrocele, local encesthesia was given and then 14-16 G van-floon cannula was inserted in the sad through anaesthetized area and all the fluid was drained out.

The lowest point of scrotum was never used for tap & injection because of the possibility of seepage of sclerosant by gravity into cellular tissues causing pain & discomfort.

The fluid was fully aspirated and the volume recorded after which the testicle was carefully palpated to ensure complete emptying, and noting any pathology.

The sclerosant used in our study was phenol in normal saline of varying concentrations.

The volume of sclerosant injected depended on the volume of aspirate. The volume of sclerosant was 10% of upto 300 ml. Above 300 ml. 35 ml of sclerosant was used for any size.

| Amount | of | sole | rosent | used | Amount | hydrocele pirated | fluid |
|--------|----|------|--------|------|--------|----------------------|--------------------------|
| | | | | | |) hyr good | |
| | | 10 m | NI. | | | 100 ml | |
| | | 15 B | | | | 150 ml | |
| | | ם כי | | | | | |
| | | 20 s | u | | | 200 ml | 시시하다 그런 경영이 교육하는 공급하다 |
| | | 25 s | | | | 250 ml | |
| | | ~ . | | | | | |
| | | 35 I | nl . | | | 7/ 350 m | |

The punctured site was sealed by tincture benjëin and a scrotal bandage was given to be removed nest day.

In the beginning patients were admitted in the ward and kept for observation to see the effect of increasing

concentration of carbolic acid. Fortunately no harmful effect was observed in any case. Then gradually concentration of carbolic acid was raised to 7%. Even with this concentration no harmful effect was seen in any patient. No antibiotics, or anti inflammatory drug was given.

The patients were warned regarding some reaccumulation of fluid and they were asked to come for follow up at 3 weeks & 4 months.

If the size of scrotum suggested reaccumulation of fluid at the follow up at 4 menths, the fluid was aspirated again and the second dose of sclerosant solution injected as before.

Usually the aspirate was darker than on the first visit and the vluid volume was much less.

OBSERVATIONS SOCIORES CONTROLO CONTROLO

Sclerotherapy for hydrocele was done in 124 patients of different age groups who attended the surgical C.P.D. of M.L.B. Medical College, Hospital, Jhansi from June 1987 to May, 1988.

In the beginning patients were admitted in the hospital and kept under observation to see the effect of increasing concentration of carbolic acid. Fortunately no harmful effect (Carbolic acid texicity) was observed in any case. Gradually the concentration of carbolic acid was raised to 7%. Even with this concentration, no harmful effect was observed in any patient. After this assessment, patients were discharged immediately after sclerotherapy.

The stay of patients in hospital in the beginning was 1-3 days.

Table 1
Showing age distribution of patients of hydrocele.

| Sl.No. Age | STOUP | No. of patients | Percentage |
|--------------|-------------------------------------|----------------------|---|
| 2. 2 3. 3 | 6-25 6-35 6-45 6-55 755 | 31 56 27 12 | 25.00 40.62 21.87 9.37 3.14 |

The table shows that maximum number of patients who underwent sclerotherapy was in age groups 26-35 years and constituted 40.62% and the minimum number in age group above 55 years i.e. 3.14% only.

Table 2
Showing causative factor of disease.

| Sl.No. Causetive factors | No. of patients Percentage |
|--------------------------|----------------------------|
| 1. Idiopathic | 98 79.03 |
| 2. Trauma | 26 20.97 |

The table 2 shows that majority of the patients i.e. 79.03% did not have any obvious cause of development of hydrocele. 20.97% patients only, gave the positive history of trauma like cycling, riding or blow of any type over scrotal region.

Showing concentration of carbolic acid used.

| Sl.No. | Percentage of strength of sclerosant | No.of Percentage |
|----------|--------------------------------------|----------------------|
| 1. 2. | 2.5% 5% | 14 11,20 26 20,90 |
| 3. | 7% | 26 20.90 84 67.70 |

The table 3 shows that 7% carbolic acid in normal saline was used in the treatment of maximum (67.7%) of cases, as this concentration showed good results, least complications and above all less chance of recurrence. With higher concentraction however many patients complained of thickening and hardening of scrotum. These patients were assured that this thickening and hardening will disappear after few weeks. Few patients out of them under went operation. The thickening and hardening was found due to thickening of tunica vaginalis as well as tunica albuginia. Internal structure of testis was found absolutely normal which was evident by histopathological examination of the testis.

Seminogram was also done in many cases of bilateral hydrocele about 4-6 months after sclerotherapy, which was found absolutely normal regarding morphology, motility & count of spermatogos.

Table No. 4

Patients having complications after sclerotherapy at

3 months' follow up.

| 51. | No. Complications | No.of Cases | Percentage |
|------------|-------------------------------|----------------|------------|
| 1. | Recurrence | 27 | 21,62 |
| 2. | Stinging sensation in scrotum | 14 | 11.30 |
| 3. | Testicular tenderness | 10 | 8.3 |
| 4. | Infection | | |
| 5. | Haematoma | | |

The table No. 4 shows total recurrence rate 21.62% in study, only 11.3% had stinging sensation in scrotum probably due to leakage of scherosant in subcutsneous tissue during injection in the sac.

No infection or haematoma was found in any case.

Thickening of tunica vaginalis, epididymis & cord were

found in almost 100% cases.

It was found that reaccumulation of fluid nearly almost pre-treatment size occured in almost all the cases for 3 weeks, in majority (approx. 80%) the fluid got gradually reabsorbed spontaneously by the end of 3rd month of sclerotherapy. The final reassessment done after 4 months showed persistent reaccumulation in 21.62% cases.

The cases treated with 2.5% phenol in normal saline solution and having 7 300 ml of hydrocele fluid required 2-3 treatments while increasing the concentration of phenol to 5% the number of recurrences & number of repeated treatment considerably fell down, as results seen in Table No. 5 & 6 respectively.

Table No. 5

Results with 2.5% solution of phenol in normal seline.

| Amount of | Total no.of | No.of patients requiring | | | |
|---------------------|-------------|--------------------------|------------------|--------------------|--|
| fluid | patients | One treatment | Two treatment | Three treatment | |
| 100 - 200 cc | 7 | 6 | | NA | |
| 200 - 300 cc | | | | | |
| 7 300 cc | | NL. | | | |
| Total | 14 | | | | |

Table No. 6

Results with 5% solution of phenol in normal saline.

| Amount of | Total number of | No.of patients requiring | | |
|-----------------------------|-----------------|--------------------------|------------------|--------------------|
| fluid removed in c.c. | patients | One treatment | Two treatment | Three trestment |
| 100 + 200 | • | • | 112 | N43 |
| 200 - 300 300 - 400 | 5 |) 1 | : | w |
| 7 400 | , | 111 | , , , , | 2 |
| Sotal . | 86 | 77 | 6 | 3 |

Table No. 7
Showing results with 7% solution of phenol in normal saline.

| Amount of fluid | Total number of cases | Number 0 | requiring | |
|------------------|--------------------------|------------------|------------------|--------------------|
| removed in | | One treatment | lvo treatment | Three treatment |
| 100 - 200 | 26 | 26 | N11 | N.O. |
| 200 - 300 | 21 | 14 | 7 | LIN |
| 300 - 400 | 17 | 12 | • | N13 |
| 400 - 600 | 15 | . | | |
| 7 ⁶⁰⁰ | | NIL | | 2 |
| Total | 84 | 577 | 23 | |

As table No. 7 shows, with 7% concentration of phenol most patients required only one or at the most two treatments. There was no need for repeated treatments as indicated in earlier reports (Nash, Moloney). This saves patients repeated visits to the hospital and time off work. Even very large hydroceles (upto 1000 cc) have been completely cured by this method, operation not been required in any case.

DISCUSSION

The present study was performed on 124 patients of primary vaginal hydrocele, who attended the surgery O.P.D. at M.L.B. Medical College, Hospital, Jhansi and were treated by sclerotherapy as an outdoor procedure.

All the patients treated, were followed up for 4 months. The patients who failed to attend the O.P.D.for follow up were sent a written questionairre. The results have been analysed by taking in consideration the answers sent by patients.

By this study it is clear that most of the patients who voluntarily adopted this form of treatment were active workers belonging to 15-35 years of age group.

Majority of the patients did not have any history of trauma inflicted over scrotum in the past as the cause of hydrocele. However 20.97% cases had definite history of trauma. Not surprisingly the large the size of hydrocele, the greater the number of injections required. However in present study even for largest hydrocele a maximum of two injections & occassionally 3 injections were required.

None of the patients reported any serious complication like haematoma, infection etc., but almost all the patients had thickening of tunios vaginalis & epididymis. Initially few cases reported of stinging sensation at the time of phenol injection, which was later prevented by injecting a small amount of local ansesthetic (2% xylocaine injection) in the sac before injecting the phenol.

None of the patients required hospital admission due to complications & none had to take time off work. In the beginning the patients were admitted in the ward & kept for observation to see the effect of increasing concentration of carbolic acid. After standarising the effective concentration of carbolic acid at 7%, the patients were descharged immediately after sclerotherapy.

Reaccumulation of fluid to almost the pretreatment size occured for about 2-3 weeks. The fluid
gradually reabsorbed and this process was completed by
3 months in many cases. Recurrence was not much significant
(21.87%) only even after the first injection. In cases, who
showed persistent reaccumulation even after 4 months, procedure was repeated and result was found to be quite satisfactory. Only 3 cases required 3 injections. The recurrence
rate was however, statistically significant with diluted
sclerosant.

The recurrence following first therapy could be explained by the irritating nature of phenol over the nucous membrane of tunica vaginalis. Majority of the cases had no recurrence of treated again with a slightly higher concentration usually after 16 weeks.

Majority of the cases treated by higher concentration i.e. 7% of phenol in normal saline did not show reaccumulation, though the patients complained of some pain of moderate degree for few days. These patients were supported with analysiss and scretal support for few days.

Thus sclerotherapy is a simple, safe, effective, very acceptable procedure to the patient and without significant complications. It can be carried out as O.P.D. procedure in the hospital or at any primary health centre. Carbolic acid used as sclerosing agent is easily available. In this study, this procedure proved to be highly effective for primary hydrocele with a cure rate 7 90%. Sclerotherapy in children was be avoided for the fear of causing orchitis or testicular atrophy due to a direct action of sclerosant. This was analysed in few cases by taking the biopsy of tunica, epididymis, ductus deferns, and testis and secondly in bilateral cases by seminogram. The microscopic examination of the epididymis tunica & was deferens showed variable degree of fibrosis, mono-nuclear infilteration, mucosal damage & haemorrhagic spots. Testis was found perfectly normal and without any structural damage. The testicular atrophy can occur only in condition when the technique of sclerosant injection is faulty i.e. it is has been injected into the testis.

JOHN HUNTER once wrote " No disease affecting the human body and requiring an operation for it's cure has called forth the opinions and pens of surgeons so much as this disease. Each finds that every mode of operating except his own has failed".

In expressing our enthusiasm for sclerotherapy as an effective mode of treatment we are well aware of these words.

This method of treatment is presented as an additional method to the surgical treatment already available.

In this study sclerotherapy was used as primary method of treatment of hydrocele and not a secondary method in rejected or unfit cases for operation. We have treated 124 cases with this method. There have not been a single case of local or systemic complications except momentary pain at the time of injection of solution, which subsides after 10-20 minutes, swelling and hardness which persists for 3-4 weeks & subsides gradually by itself.

This procedure can be done as an out patient procedure and patient can go home immediately and resume his work next day. There is no need for admission and stay in the hospital and to be out of work for 1-2 weeks as after operation. There is also no risk of post operative complications e.g. haematoma formation & infection etc.

With 7% concentration of phenol, most patients required only one or at the most two treatments. There was no need for repeated treatments as indicated in earlier, reports (Nash, Moloney). This saves patients repeated visits to the hospital and time of work. Even very large hydroceles (Upto 1000 cc) have been cured by this method, operation not being required in any case.



CONCLUSION

A prospective study was carriedout on 124 cases of primary vaginal hydrocele, who attended the OPD of M.L.B. Medical College, Hospital, Jhansi for sclerotherapy during the period of June 1987 to May, 1988.

Phenol diluted in normal saline in varying concentrations ranging from 2.5 to 7% was used as an sclerosant.

The patients who desired sclerotherapy for hydrocele were thoroughly examined. Only those cases were selected for sclerotherapy who were found to be free of any local sepsis, without any type of associated acute/chronic epididymo-orchitis or associated malignancy.

The patients of younger age group were elso excluded from this study, Patients having impilatoral hernia, and thickened cord were also excluded from study.

The final case selection was assessed by eliciting transluscency, fluctuation, tenderness etc. The merits & demerits of this procedure of treatment were explained to the patients. The patients were warned that some fluid might resonantlate and for which repatition of treatment might be required. The patients were asked to some for follow up upto 6 months.

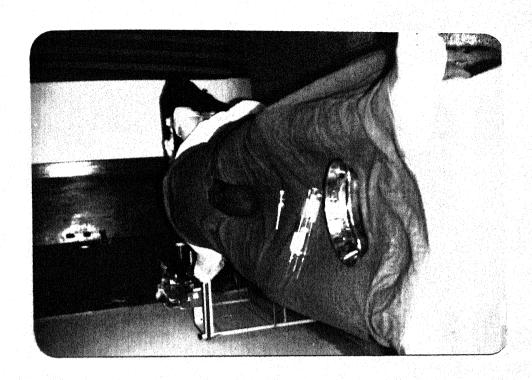
In this study none of the patients had any serious complication. Only few of them complained of testicular ache for few days & some residual thickening of tunica vaginalis & epididymis.

None of the patients required hospital admission for any sort of complication & none have had time off work.

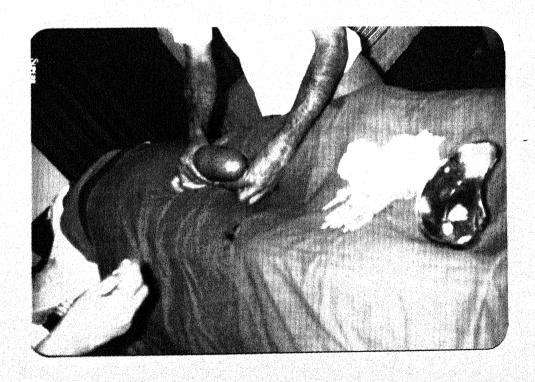
The sclerotherapy did not have any adverse effect on spermatogenesis which was evident by semen analysis of few patients with bilateral hydrocele & by testicular biopsy.

The biopsy taken from tunica vaginalis, ductus deferens, and epididymis showed some degree of fibrosis & inflammatory reaction like infilteration of mononuclear cells.

However clinically the efficacy of selerotherapy was evident. Sclerotherapy is a very simple, safe
and effective O.P.D. procedure, which is well acceptable
to the patients and without any serious complications
irrespective of the age of the patient and the size of
hydrocele.



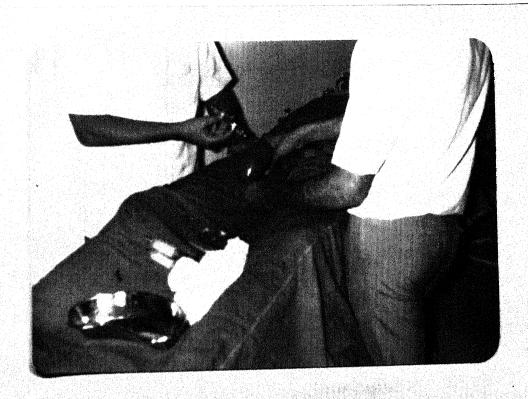
PHOTOGRAPH NO. 1 : SHOWING PAINTING & DRAPPING OF PART



PHOTOGRAPH NO. 2 : SHOWING FIXATION OF HYDROCELE

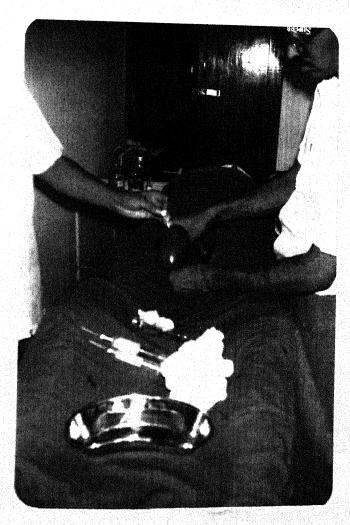


PHOTOGRAPH NO. 3(2,6): SHOWING INJECTION OF LOCAL ANAESTHESIA AT UPPLE END OF HYDROCELE.

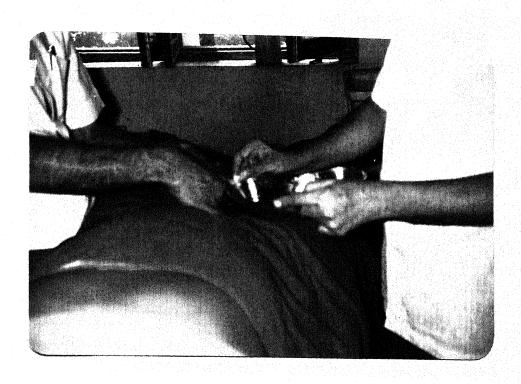




PHOTOGRAPH NO. 4: SHOWING INSERTION OF VENEFLOAM CANNUL IN THE SAC.

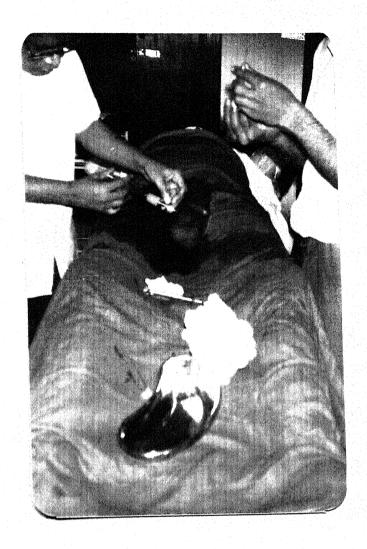


PHOTOGRAPH NO. 5 : SHOWING VENEFLOAN CANULA IN POSITION



FHOTOGRAPH NO. 6 : SHOWING COLLECTION OF HYDROCELE FLUID
IN KIDNEY TRAY





PHOTOGRAPH NO. 8 : SHOWING INJECTION OF SCLEROSENT FLUID IN THE EMPTY SAC.



PHOTOGRAPH NO. 9 : SHOWING DRESSING OF PART AFTER SCLEROTHERAPY

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